



Effective Change Management

Every organisation is experiencing Change. 'The only constant thing is change!'

Organisations are looking for individuals who are able to identify the effects of Change within their business environment so there is less of an impact on the business and its individuals either in a Public Sector or Corporate Sector.

So how good are we at managing ourselves and our colleagues through periods of change? Whether the change is as a result of external forces or internal decisions, there are some key factors that always need to be taken into account when communicating to others in unsettling times.

This one day course deals with Individual Change and Team Change. During this workshop on Effective Change Management you will look at the best practice skills for dealing with these challenging and emotional situations.

Delegates will learn how to:

- ⊕ Identify the typical reactions people have when faced with change and how they can influence these reactions.
- ⊕ Understand why people resist change and how this can be accentuated by poor management of change situations
- ⊕ Apply effective strategies to encourage people through the stages of change
- ⊕ Ensure they do not accentuate feelings of resistance by applying inappropriate actions

It is designed to equip your management teams with the skills and confidence required to deal with all manner of change scenarios by using appropriate techniques.

Follow on Training Courses include Dealing with Organisational Change and Leading Change.

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1 Day Course

'The Most ENGAGING training I have ever attended'

'People leave Managers not Companies! Excellent Training Workshop!'